



**Join us every Tuesday morning for a FUN, FIT, time  
with JumpBunch!!!  
Weekly Classes with held at the AWCCC Recreation Center**

### **JumpBunch Preschool Sports and Fitness**

**(2 years- 5 years)**

JumpBunch introduces preschoolers to a variety of exciting sports and fitness activities—a new activity is introduced each week! With over 70 different sport activities, from Balancing Act to Football and from Fishing to Lacrosse, your child will never get bored! Each weekly 45 minute class is set to age appropriate music and incorporates a cardiovascular warm-up, stretches with our signature dynabands, a weekly sport activity and a muscle cool down.

We encourage teamwork skills and team activities, but JumpBunch is committed to providing a non-competitive and fun learning environment—our Coaches give constant praise and encouragement to build self-esteem and make sure that each child is proud of his/her accomplishments, no matter how big or small! JumpBunch builds strong and healthy bodies through fun, confidence and an enthusiasm for sports and fitness!

**Days/Times: Min. 5 Max. 15**  
**AWCCC 10:30-11:00**  
**WEEKLY CLASSES HELD EVERY TUESDAY FROM 10:30-11:00AM**  
**Arthur Christopher Community Center 265 Fishburne Street 843-724-7338**  
**Fee \$40/residents \$55/non-residents**

**Sign up today and see for yourself how JumpBunch is improving kids' lives,  
one child at a time! Visit us on the web at [www.charleston-sc.jumpbunch.com](http://www.charleston-sc.jumpbunch.com)  
Sign up with the AWCCC Parks and Recreation Department!!!**

