



265 Fishburne St., Charleston, SC 29403

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**SUMMER CAMPS AVAILABLE.
SEE PAGES 39-41 FOR DETAILS.**

SPECIAL EVENTS

AFRICAN AMERICAN HERITAGE: PAST, PRESENT, & FUTURE

Celebrate African American, "changemakers" with music, art, food, and performances from children in the community!

February 15 All Ages Free
6:00pm-7:30pm

TRI-COUNTY BLACK NURSES (TCBNA) HEALTH FAIR

Through education and screening, the Tri-County Black Nurses Association promotes healthy lifestyles for all residents in the Tri-County area. The following screenings will be provided at the fair: blood pressure, vision, hearing, dental, bone density, skeletal, a variety of blood screenings, mammograms, body mass index, and more.

February 25 All Ages Free Activity #
9:00am-3:00pm 170015

FASHION SHOW

We will explore the world of fashion and the industry that develops its style.

March 25 All Ages Tickets: Activity #
6:00pm-7:00pm \$5 for Adults 270400
\$2 for Children

EASTER EGG HUNT

Children will gather hidden eggs throughout the center and find the golden egg for prizes. Join us for this fun family event with a special guest appearance by the Easter bunny.

April 13 Ages 6 & Free Activity #
4:00pm-6:00pm Under 270010

GIRLS WHO BRUNCH

The Girls Who Brunch Tour was designed to cultivate, inspire, and empower girls nationwide. There will be panels, food, workshops, guest speakers, and awards given out.

May 13 Ages 9-17 \$10/person Activity #
10:00am-4:00pm 270100

HALLOWEEN PARTY

Come out to AWCCC for a night filled with fun festivities for the whole family. There will be games, food, and prizes awarded.

October 26 Ages 12 & Free
5:00pm-7:00pm under

MOMMY & ME COOKIE SWAP

Make cookies and gift wrap them in tins for the holidays to give to family and friends! Dads or other caregivers are welcome to attend. **Pre-registration is required.**

December 5 Ages 4-12 \$5/pair Activity #
6:00pm-8:00pm 570503

ADULT ATHLETIC PROGRAMS

MEN'S BASKETBALL LEAGUE (5 v 5)

Games will be played on Mondays, Tuesdays, and Wednesdays.

Maximum roster: 15 players.

Team Limit: 12 teams.

Games begin: April 3.

Registration: Ages 18+ \$400/ Activity #
February 23-March 20 team 170020

PICKLEBALL

Pickleball is the fastest growing sport for adults that combines elements of badminton, tennis, and table tennis.

Monday, Wednesday, Ages 50+ \$1 per
& Friday player per
9:00am-11:00am day

YOUTH PROGRAMS

4-H CLUB

4-H is a youth developmental program of SCSU that fosters citizenship and leadership, as well as growth through a variety of learning experiences. 4-H'ers learn by involvement in projects and cultural field experiences. Participants will meet new people and develop self-confidence by speaking in front of groups and receiving recognition for their achievements.

Mondays-Fridays 3rd Free Activity #
3:30pm-4:30pm Grade + 570610

BACKPACK JOURNALIST

Love to take photos and write stories? Become a "backpack journalist," and learn how to investigate, create a story, and publish your work. This afterschool program includes costs for snacks and field trips. To become a mentor, you must be in high school with a parent's permission. Some scholarship opportunities are available.

Wednesdays Ages \$5/day Activity #
3:45pm-5:30pm 4th-8th Grade \$20/month 570411

CHESS CLUB

Learn to play the game of chess and practice against others!

Saturdays All Ages Free Activity #
10:00am-12:00pm 570603

GIRL SCOUTS

In Girl Scout Troop 138, girls will have fun, make new friends, and go on fantastic adventures! Earn badges, sell cookies, and go on trips.

Starting July 9 (Saturdays) K-6th Free Activity #
10:00am-12:00pm Grade 570611

HOMEWORK HELP

Staff and tutors assist children with homework during the school year. Must participate in current AWCCC programming. Volunteer with homework help by contacting AWCCC.

Mondays-Thursdays K-6th \$125/ Activity #
3:00pm-4:30pm Grade year 570410

TODDLER TIME

Come see us for playtime with hula-hoops, bean bags, and other soft toys. **Parent supervision is required.**

Mondays & Tuesdays Ages \$2/ Activity #
11:00am-12:00pm 1-5 child 570613

YOUTH BASKETBALL

AWCCC 3V3 TOURNAMENT

Certified officials will officiate each game. Maximum roster: 5 players. Birthday cutoff: September 1, 2016.

Registration: January 1-February 24

Tournament admission: \$1 Students \$2 Adults

Tournament: Ages \$10/person Activity #
March 17-18 9-18 \$50/team 170200

DEVELOPMENTAL BASKETBALL

Designed to enhance team play, sportsmanship and self-esteem. Drop-in for a game of pick-up!

Saturdays April-November Ages Free
11:00am-1:00pm 9-17



FITNESS CLASSES

ADULT FITNESS

Be active with interval and strength training using traditional calisthenics and body weight exercises.

Call for days & times Ages \$5/class or
18+ \$35/ month

BOXING

Boxing is one of the oldest martial arts styles of the Western hemisphere. All skills levels are welcome!

Wednesdays Ages \$5/class
6:00pm-7:00pm 18+
Saturdays
11:00am-12:00pm

KARATE

A class designed for both youth and adults, karate works on self-development using kicks and punches. Participants of all skill levels are welcome to attend.

Tuesdays & Thursdays Ages \$35/ month
6:00pm-8:00pm 10+

TAI CHI

This low-impact gentle movement program keeps your body in constant motion. It has shown health benefits and is stress-reducing.

Mondays All Ages \$5/class
6:00pm-7:00pm or \$35/
Saturdays month
12:00pm-1:00pm

ZUMBA GOLD

Designed to take exciting Latin and international dance rhythms, and target the fitness needs of mature, active adults or anyone that may require modification to traditional Zumba Fitness.

Mondays Ages \$5/class or
6:00pm-7:00pm 55+ \$30/month
Tuesdays & Thursdays
11:00am-12:00pm

ZUMBA FITNESS

Zumba Fitness is a fusion of Latin and International music that creates a dynamic, exciting, and effective fitness system.

Tuesdays Ages \$5/class
5:30pm-6:30pm 18+
Saturdays
9:30am-10:30am

STRONG BY ZUMBA

Strong by Zumba is a high-intensity interval training class using more traditional fitness moves for a more athletic, conditioning-style workout.

Thursdays Ages \$5/class
5:30pm-6:30pm 18+

ZUMBA KIDS

Zumba Kids classes feature kid-friendly routines based on choreography. We break down the steps, add games, and witness the cultural explosion!

Tuesdays Ages \$5/class
11:30am-12:30pm 6-12
Thursdays
4:15pm-5:15pm

YOGA

Learn to relax and exercise your mind and body. Classes are for all levels.

Fridays Ages \$5/class
4:30pm-5:30pm 12+
Saturdays
10:00am-11:00am

SENIOR CHAIR YOGA

Chair yoga is a gentle form of yoga practiced with modified poses while sitting or using a chair for support.

Tuesdays Ages Free
10:30am-11:00am 55+