



*City of Charleston*  
**Health and Wellness Advisory Committee**

**Meeting of Wednesday, January 7, 2026**

A meeting of the City of Charleston Health and Wellness Advisory Committee will be held January 7, 2026, at 8:30 a.m. and can be accessed by Conference Call: 1-929-205- 6099, Meeting ID: 844 6663 5895. The meeting will be streamed live on the City's YouTube channel:  
<https://www.youtube.com/c/CityofCharlestonSCgov> .

**AGENDA**

- 1) **Welcome and Call to Order** – *Kevin Shealy, Chair and Council Member, District 2.*
- 2) **Committee Minutes of November 5 and December 3, 2025**
- 3) **Mental Health Wellness 2026** – *Jennifer Brush, LPC, Executive Director, Charleston Dorchester Mental Health Center Office of Mental Health*
- 4) **Community Health Update**
- 5) **Community Health and Wellness updates**

In accordance with the Americans with Disabilities Act, people who need alternative formats, ASL (American Sign Language) Interpretation or other accommodation please contact Janet Schumacher at (843) 577-1389 or email to [schumacherj@charleston-sc.gov](mailto:schumacherj@charleston-sc.gov) three business days prior to the meeting.

*For more information, contact Paul Wieters, Wellness Coordinator at 843-720-5098.*