

DIRC Fitness		January 2024				DIRC Fitness	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1/1	1/2	1/3	1/4	1/5	1/6	
	Building Closed in observance of New Years Day	9:30am-10:30am Zumba	9:00am - 10:00am Warrior Rhythm 10:30am-11:30am Senior Fitness	9:00am - 10:00am Yoga 10:30am-11:30am Zumba	11:30 am-12:30 pm Senior Fitness	10:30am - 11:30am Yoga	
1/7	1/8	1/9	1/10	1/11	1/12	1/13	
Facility Open 8-2	10:30am - 11:30am Senior Fitness	9:30am-10:30am Zumba	9:00am - 10:00am Warrior Rhythm 10:30am-11:30am Senior Fitness	9:00am - 10:00am Yoga 10:30am-11:30am Zumba	11:30 am-12:30 pm Senior Fitness	10:30 am - 11:30am Yoga	
1/14	1/15	1/16	1/17	1/18	1/19	1/20	
Facility Open 8-2	Building closed in observance of MLK Day	9:30am-10:30am Zumba	9:00am - 10:00am Warrior Rhythm 10:30am-11:30am Senior Fitness	9:00am - 10:00am Yoga 10:30am-11:30am Zumba	11:30 am-12:30 pm Senior Fitness	10:30am - 11:30am Yoga	
1/21	1/22	1/23	1/24	1/25	1/26	1/27	
Facility Open 8-2	10:30 - 11:30pm Senior Fitness	9:30am-10:30am Zumba	9:00am - 10:00am Warrior Rhythm 10:30am-11:30am Senior Fitness	9:00am - 10:00am Yoga 10:30am-11:30am Zumba	11:30 am-12:30 pm Senior Fitness	10:30am - 11:30am Yoga	
1/28	1/29	1/30	1/31				
Facility Open 8-2	10:30 - 11:30pm Senior Fitness	9:30am-10:30am Zumba	9:00am - 10:00am Warrior Rhythm 10:30am-11:30am Senior Fitness			Daniel Island Recreation Center 160 Fairbanks Dr. Charleston, SC 29492 (843) 216-6366 www.charleston-sc.gov/recreation	